

Comparing Companion Care vs Medical Home Care: Key Questions to Ask - Checklist

As your loved one's needs change with age, choosing between companion care and medical home care can be a complex decision. Asking the right questions is crucial to ensure you select the most appropriate and cost-effective care option that meets their unique requirements. This comprehensive guide will walk you through essential questions to consider for each care type, helping you make an informed choice for your elderly family member.

How to use this checklist: Check off each question as you ask it, and use the note lines to record important answers and observations.

Companion Care

□ 1. What services are typically included in companion care?

It's important to understand the scope of services provided by companion care, which often includes assistance with daily living activities, socialization, and light housekeeping, but not medical care.

Notes:

□ 2. What are the qualifications and training of companion care providers?

Asking about the background and training of companion care providers will help ensure your loved one receives high-quality, reliable support from experienced caregivers.

Notes:

□ 3. How is the continuity of care maintained in companion care arrangements?

Consistent caregivers can provide a sense of familiarity and comfort for your loved one, so it's vital to understand the provider's approach to maintaining continuity of care.

Notes:

□ **4. What is the cost of companion care, and what is typically covered?**

Knowing the full cost of companion care, as well as any potential coverage from insurance or other sources, will help you budget appropriately for your loved one's needs.

Notes:

□ **5. How does the provider handle emergencies or changes in your loved one's condition?**

It's crucial to understand the provider's protocols for addressing unexpected health issues or emergencies, as companion care may not include the same level of medical support as home health care.

Notes:

Medical Home Care

□ 1. What medical services are provided in a medical home care setting?

Determining the range of medical services offered, such as nursing care, physical therapy, or medication management, will help you assess if the medical home care option meets your loved one's specific needs.

Notes:

□ 2. What are the qualifications and training of the medical home care staff?

Asking about the credentials and experience of the medical professionals providing care will give you confidence that your loved one is receiving high-quality, specialized support.

Notes:

□ 3. How is the care plan developed and updated in a medical home care setting?

Understanding the process for creating and regularly reviewing a personalized care plan will ensure your loved one's evolving needs are appropriately addressed over time.

Notes:

□ **4. What is the cost of medical home care, and what is typically covered by insurance?**

Knowing the full financial implications of medical home care, including any potential insurance coverage or government assistance, will help you plan and budget accordingly.

Notes:

□ **5. How does the medical home care provider coordinate with your loved one's primary healthcare team?**

Effective communication and coordination between the medical home care providers and your loved one's primary physicians is crucial for ensuring seamless, integrated care.

Notes:

Comparing the Options

- **1. What are the key differences in the level of care provided by companion care vs. medical home care?**

Understanding the distinct services and support offered by each care option will help you determine which is better suited to your loved one's specific health and assistance needs.

Notes:

- **2. How do the costs of companion care and medical home care compare?**

Comparing the overall costs and potential coverage for each care type will inform your decision and ensure you select the most financially sustainable option.

Notes:

- **3. What are the pros and cons of each care option in terms of your loved one's quality of life?**

Considering factors such as independence, social engagement, and medical management will help you weigh the tradeoffs and choose the care solution that best aligns with your loved one's preferences and well-being.

Notes:

□ **4. How can the two care options be combined or transitioned between as needs change?**

Knowing how companion care and medical home care can be used together or in sequence can help you create a flexible, adaptable care plan that evolves with your loved one's changing requirements.

Notes:

Choosing the Right Care Option

- **1. How do you determine which care option is the best fit for your loved one's current and future needs?**

Carefully evaluating your loved one's specific health conditions, mobility, social needs, and preferences will guide you in selecting the most appropriate care solution.

Notes:

- **2. What factors should you consider when weighing the tradeoffs between companion care and medical home care?**

Balancing considerations such as cost, level of care, independence, and family involvement will help you make an informed decision that prioritizes your loved one's well-being.

Notes:

- **3. How can you involve your loved one in the decision-making process for their care?**

Encouraging your loved one's participation in selecting the care option that best suits their preferences and goals can help ensure a more satisfying and empowering experience.

Notes:

□ **4. What resources are available to help you navigate the decision between companion care and medical home care?**

Seeking guidance from healthcare professionals, support groups, or senior care advisors can provide valuable insights and assistance in evaluating the options and making the best choice for your loved one.

Notes:
