

Essential Questions to Ask About Nursing Home Room Amenities - Checklist

When choosing a nursing home, it's crucial to understand the living conditions and amenities your loved one will have access to. Asking the right questions can help you find a facility that meets their needs and preferences. This comprehensive guide covers essential questions to ask about nursing home room assignments, features, and amenities to ensure your loved one's comfort and care.

How to use this checklist: *Check off each question as you ask it, and use the note lines to record important answers and observations.*

Room Assignments

☐ 1. What type of room is available (private, semi-private, or shared)?

The type of room can significantly impact your loved one's privacy, personal space, and ability to personalize their living area. Knowing the room options can help you find the best fit.

Notes:

☐ 2. How are roommates (if any) selected and matched?

Compatibility with a roommate is crucial for your loved one's wellbeing. Understanding the facility's roommate selection process can help ensure a harmonious living arrangement.

Notes:

☐ 3. Can my loved one request a specific roommate or room type?

Allowing your loved one to have some input on their room assignment can help them feel more comfortable and in control of their living situation.

Notes:

□ **4. What is the process for changing rooms if needed?**

Your loved one's needs may change over time, so it's important to know the facility's policies and procedures for relocating to a more suitable room.

Notes:

Room Features

☐ 1. What is the size and layout of the room?

Knowing the room's dimensions and design can help you assess whether it will comfortably accommodate your loved one's mobility needs and personal belongings.

Notes:

☐ 2. What type of furniture and furnishings are provided?

Understanding the included furniture and the ability to bring personal items can help your loved one feel more at home in their new living space.

Notes:

☐ 3. Are there any special features or adaptations for residents with disabilities?

Ensuring the room is equipped to meet your loved one's specific needs can improve their safety, independence, and overall quality of life.

Notes:

□ **4. What is the temperature control and ventilation like in the rooms?**

Comfortable and well-regulated temperature and airflow are essential for your loved one's health and comfort.

Notes:

Bathroom Amenities

☐ 1. Is there a private or shared bathroom?

The bathroom arrangement can impact your loved one's privacy and independence, so it's important to understand the options.

Notes:

☐ 2. What accessibility features are available in the bathroom?

Knowing the bathroom's safety and mobility features can help ensure your loved one can bathe and use the restroom comfortably and independently.

Notes:

☐ 3. Are there any special bathing or shower accommodations?

Understanding the facility's bathing options can help you determine if they can meet your loved one's needs, whether that's a standard shower, tub, or specialized equipment.

Notes:

Other Amenities

☐ 1. Is there a private outdoor space or garden area?

Access to nature and outdoor spaces can have a significant positive impact on a resident's physical and mental wellbeing.

Notes:

☐ 2. What entertainment and recreational activities are available?

Engaging social and recreational opportunities are crucial for your loved one's quality of life and overall health.

Notes:

☐ 3. Are there any communal areas or common spaces for residents?

Shared spaces for socializing, dining, or simply relaxing can foster a sense of community and belonging.

Notes:

□ **4. What technology or communication amenities are available in the rooms?**

Access to things like TV, internet, or even video call capabilities can help your loved one stay connected with friends and family.

Notes:

Personalization and Customization

☐ 1. Can residents personalize or decorate their rooms?

The ability to add personal touches and make the space feel like home can significantly improve your loved one's comfort and sense of belonging.

Notes:

☐ 2. Are there any restrictions on bringing personal items or furniture?

Understanding the facility's policies on bringing in personal belongings can help you plan what your loved one can reasonably have in their room.

Notes:

☐ 3. Can residents adjust the lighting, temperature, or other room controls?

Giving residents some control over their living environment can enhance their sense of independence and well-being.

Notes:
