

## Important Questions to Ask About Advance Directives for Elder Care - Checklist

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Advance directives are legal documents that outline your elder's healthcare preferences and end-of-life wishes. Asking the right questions can help ensure their wishes are properly documented and communicated to healthcare providers. This guide covers the essential questions to ask about advance directives to provide the highest quality of care for your loved one.

**How to use this checklist:** Check off each question as you ask it, and use the note lines to record important answers and observations.

## Understanding Advance Directives

### 1. What is an advance directive?

*It's important to understand the basics of what an advance directive is and how it works. This provides context for the more detailed questions that follow.*

**Notes:**

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### 2. What are the different types of advance directives?

*There are several common types of advance directives, such as living wills and durable powers of attorney. Knowing the differences between them is key.*

**Notes:**

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### 3. What medical decisions are covered in an advance directive?

*Advance directives can cover a wide range of medical decisions, from life-sustaining treatments to pain management. Understanding the scope is important.*

**Notes:**

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## Completing an Advance Directive

### 1. How do I create an advance directive?

*Knowing the process for creating and signing an advance directive is critical to ensuring it is properly documented and legally binding.*

**Notes:**

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### 2. Who should be involved in creating the advance directive?

*Determining who should be involved, such as the elder, their healthcare provider, and family members, helps ensure the directive accurately reflects the elder's wishes.*

**Notes:**

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### 3. Where should the advance directive be stored?

*Knowing where to keep the advance directive, and who should have access to it, helps ensure it can be located and honored when needed.*

**Notes:**

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## Communicating Advance Directives

### 1. How should the advance directive be communicated to healthcare providers?

*Ensuring healthcare providers are aware of the advance directive and have access to it is crucial for honoring the elder's wishes.*

**Notes:**

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### 2. What happens if the elder's wishes change over time?

*Advance directives can be updated, so it's important to know the process for making changes and communicating them to healthcare providers.*

**Notes:**

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### 3. How can I ensure the advance directive is followed?

*Knowing how to advocate for the elder's wishes and monitor their implementation can help ensure the advance directive is properly honored.*

**Notes:**

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## Special Considerations

### 1. What if the elder has dementia or other cognitive impairments?

*Advance directives may need to be handled differently for elders with cognitive issues, so it's important to understand the relevant legal and ethical considerations.*

**Notes:**

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### 2. How do advance directives work with other end-of-life planning documents?

*Advance directives often work in conjunction with other end-of-life planning documents, such as wills and trusts, so it's important to understand how they interact.*

**Notes:**

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### 3. What if there is disagreement among family members about the advance directive?

*Conflicts can arise, so it's important to know how to navigate disagreements and ensure the elder's wishes are honored.*

**Notes:**

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